

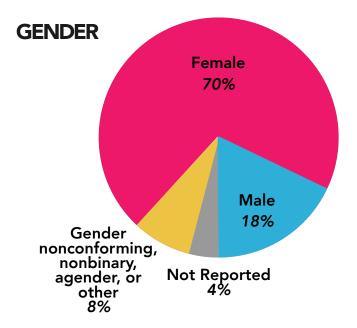
# CHANGEIST 2021 PROGRAM REPORT



Thank you to all our amazing partners for helping us through another successful year. Your generosity and support ensures that our community will thrive. For more information about this report, our youth development philosophy or our work, please contact Manijeh Azadi at manijeh@changeist.org.

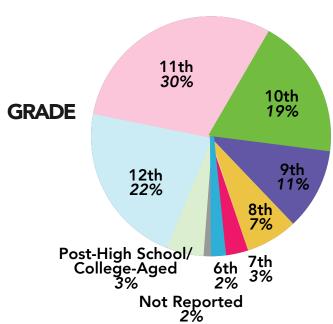
# **OUR STATEWIDE COMMUNITY**

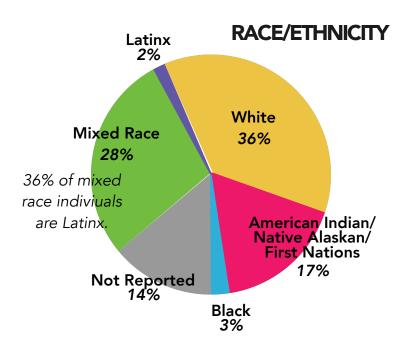
	Middle School Program	High School Program	Alumni Pathways	AmeriCorps Members	Program Total
ENROLLED PARTICIPANTS	23	133	81	27	264
GRADUATED PARTICIPANTS	21	120	64	23	228



Our 2021 cohort of Changeists represent 65 zip codes, 21 cities, and over 45 middle and high schools!

We retained 86% of enrolled program participants, graduating 205 of 237 youth and 23 of 27 AmeriCorps Members. On average, youth participated in 46 hours of programming over an average of 20 program days.

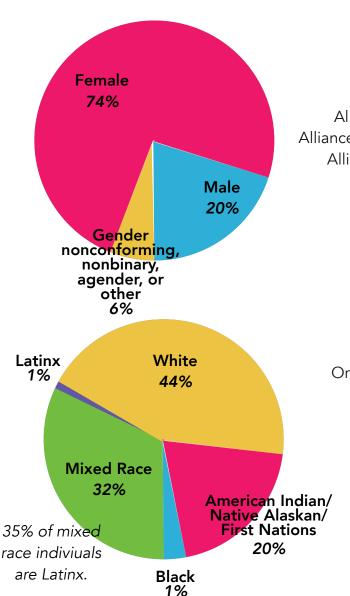




# **CHANGEIST LOS ANGELES**

	Middle School Program	High School Program	Alumni Pathways	AmeriCorps Members	Program Total
ENROLLED PARTICIPANTS	8	87	71	16	182
GRADUATED PARTICIPANTS	7	77	55	12	151

### **COMMUNITY DIVERSITY**



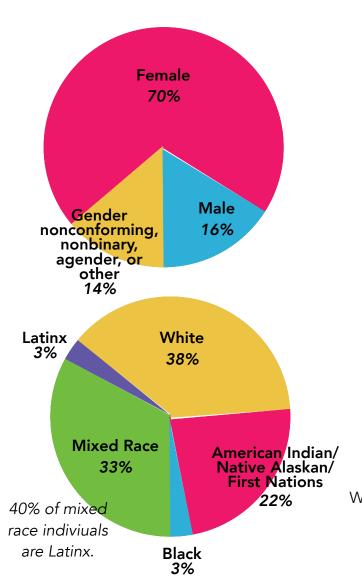
### **SCHOOL PARTNERS**

32nd Street USC Performing Arts Magnet Alliance College-Ready Middle Academy 12 Alliance Collins Family College-Ready High School Alliance Environmental Science and Technology High School Alliance Patti & Peter Neuwirth Leadership Academy Alliance Richard Merkin Middle School Alliance Ted K. Tajima High School Animo Inglewood Charter High School Aspire Ollin University Preparatory Academy Bright Star Secondary Charter Academy East College Prep Gaspar de Portola Highly Gifted Magnet Junipero Serra High School Math and Science College Preparatory Orthopaedic Hospital Medical Magnet High School Rise Kohyang High School Robert F. Kennedy Community Schools Sequoyah High School The Waverly School USC Hybrid High School Valor Academy High School Verdugo Hills High school Wilson Highschool Wish Academy High School

# **CHANGEIST STOCKTON**

	Middle School Program	High School Program	Alumni Pathways	AmeriCorps Members	Program Total
ENROLLED PARTICIPANTS	15	46	10	11	82
GRADUATED PARTICIPANTS	14	43	9	11	77

### **COMMUNITY DIVERSITY**



### **SCHOOL PARTERS**

Able Charter Schools Aspire Benjamin Holt Middle School Aspire Langston Hughes Academy Bear Creek High School Cesar Chavez High School Christa McAuliffe Middle School Delta Bridges Charter Edison High School Elmwood Elementary school Flora Arca Mata Elementary School Franklin High School George W. Bush Elementary Health Careers Academy Hong Kingston Elementary Middle College High School Peyton Elementary Stagg High School Stockton Early College Academy Venture Academy Visions In Education

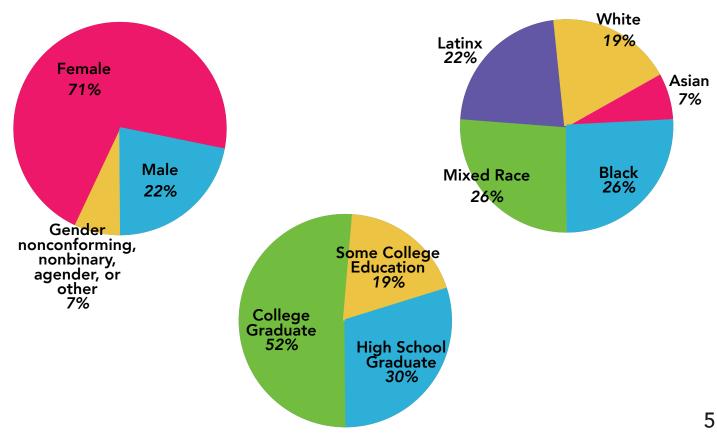
Weber Institute of Applied Sciences and Technology

# **OUR AMERICORPS TEAM**

AmeriCorps Members serve a crucial role in the Changeist community by developing and facilitating program activities, leading group reflection discussions, and building sustained, holistic relationships with youth participants. Through their curriculum development and youth work, AmeriCorps Members develop expertise in one or more social issue areas over the term of their service and gain valuable experience in working with young people as critical mentors. As young people themselves, AmeriCorps Members bring their own perspectives, needs, and vision to program design and development. By leading our programming, AmeriCorps Members ensure that the Changeist program experience is being created by young people, for young people. In fact, the Changeist AmeriCorps program is considered another of our alumni pathways, providing a deeper Changiest experience for high school graduates and former Changeist team leaders. Too often, youth development programming is created by adult experts removed from youths' lived experiences; annually refreshing the AmeriCorps Member cohorts ensures that programming is continually renewed and updated to reflect the ever-changing needs of young people.

For the 2021 program year, we enrolled 27 AmeriCorps Members. Of the 11 members serving our Stockton program site, 91% were locally-based community members, many of whom were born and raised in the Stockton area, and 45% were alumni of our program. Of the 16 members serving our Los Angeles program site, 50% were locally-based community members and 44% were alumni of our program.

## **COMMUNITY DIVERSITY**



### THIS YEAR, OUR AMERICORPS MEMBERS LEARNED...

"...I always thought that I had to live my life according to someone else's guidelines, when in reality I had the rule book inside myself. I had always compared myself to other people, but in the end all I can only be is me."

"...that I am resilient. I proved to myself that I am truly able to adapt to change! I learned that you never know who you're reaching and no matter what, be true and be yourself. I also learned to adapt and go with the flow."

"...no one is expecting perfection from you, so don't expect it from yourself. People can help you become the best version of yourself, so use that to your advantage."

"...there are no off days to being a good person. You have to have integrity with every move you make, regardless of the consequences. Life happens everyday and stops for no one, so use your time wisely." "...even though there are so many topics I care about, I can't help everyone but that's okay. We just have to find that one thing we're good at and use that skill to benefit our communities because everyone plays a part in the fight!"

"...to become more passionate, genuinely passionate about social justice issues. I have always tried to stay present and aware, but now I feel like I am more driven to actually do something to better our world!"

"...that I can actually be part of a team. I'm used to doing things on my own and not relying on anybody because in the past, folks have fallen short and hurt me in the process. But this year, I learned to trust my team and the process."

"...that I can be organized and develop a plan, despite how I initially thought of myself. I also learned that how I show up to a space plays a part in how that space will feel and be shared."

"...that I have a lot more power over my own life than I anticipated. Fear was the only real thing controlling me and my actions, not anyone else or anything."



# **PROGRAM HIGHLIGHTS**

Educators and youth workers across the world have been working to find balance between ensuring community safety while still delivering much-needed programs; the constraints of the ongoing COVID-19 pandemic have presented significant challenges to delivering the same quality of services as pre-pandemic. In order to keep our Changeist community safe, we continued to socially distance, meeting only virtually during the 2020-21 program year. Thank you for your continued partnership and support as we continue reimagining what our programs look and feel like, exploring the new needs that have emerged in the midst of this global disaster, and experimenting with new methods for supporting our people.

Our program arc follows the structure of Public Narrative, a civic storytelling and organizing framework developed by renowned political organizer, Professor Marshall Ganz. Public Narrative facilitates meaningful connection with social issues by encouraging reflection in three areas: youth's story of self (What is my story? What are the experiences in my life that have shaped my values?), story of us (What are our shared experiences? What are the shared visions for our communities?), and story of now (What is the urgent challenge we face? How do we take action? What will the world look like if we make this change?).

"Public narrative is how we turn values into action: the discursive process by which individuals, communities, and nations construct identity, formulate choices, and motivate action. Stories not only teach us how to act – they inspire us to act." — Marshall Ganz

Within this organizing framework, our youth identified and worked on several issues all culminating in community-based projects. We cannot emphasize enough how proud we are of our youth to have accomplished so much, completely virtually, during a global crisis! Changeists made a big impact across six social issue areas:

#### **RACIAL JUSTICE**

Met with Indigenous community leader and founder of the Sustainable Native Communities Collaborative, Joseph Kunkel, to learn about pressing issues in Indian Country and raised funds for the Native American community through social media.

Collaborated with Planned Parenthood, Public Health Advocates, the Pride Center, and Dream Success to create a virtual book library on race and gender issues.

#### **ENVIRONMENTAL JUSTICE**

Hosted a series of community events to foster awareness of environmental issues, including hosting guest speakers and panels with environmental justice activists and fun activities like giveaways and seed growing.

Launched a social media presence to share climate information.

#### **HOUSING JUSTICE**

Launched LA-based and Stockton-based social media campaigns sharing information about houselessness awareness.

Hosted a virtual movie night for the community and raised money for individuals experiencing homelessness through a raffle.

#### **IMMIGRATION JUSTICE**

Launched a social media campaign to provide resources to immigrant communities in Stockton, highlight local resources, mutual aid funds, and crowdfunding for community members in need.

Raised and distributed \$1,000 in mutual aid to community members.

#### YOUTH ORGANIZERS

Led the Invest in Youth Coalition, a successful campaign that established a Youth Development Department in Los Angeles. Activated the broader Changeist Community around the issue and led a city-wide survey to define youth needs for the department.

Created a documentary highlighting Black business owners and creatives in connection to the effects of COVID-19.

Led weekly workshops with Edible Schoolyard to teach elementary students at Taylor Academy about healthy eating, access to food, and how to cook.

Spoke about youth tobacco use at Koreatown Youth and Community Center's Youth Summit 2021: Youth Take a Stand Against Tobacco.

Partnered with the Reinvent South Stockton Coalition to build a youth committee within their governance.

Led workshops on Health Justice and the School-to-Prison Pipeline for youth attending the IST Summit.

#### **GENDER JUSTICE**

Brought awareness of queer youth experiences to their city's leaders by meeting with the Chief Aide of the Stockton Mayor's Office and the Trustees of Stockton Unified School District to present educational materials sourced from partners including Planned Parenthood, SJDC Pride Center, UOP's Title IX Coordinator, and Faith in the Valley.

Hosted a resource drive for marginalized members of the LGBTQ+ community.

Built and distributed tote bags filled with essential items (including a guide to meditation and healing practices, a map of local resource centers, and information on LGTBQ+ history).

Hosted a community webinar event with the Intersex Justice Project and a professional doula.

#### **MENTAL HEALTH**

Created an educational webinar in collaboration with mental health professionals to spread community awareness of mental health.

Ran a supplies drive for community members dealing with mental health issues.

#### **STORYIST MEDIA**

Launched a YouTube segment called Justice with Jasnoor, in which Changeist participant, Jasnoor Kaur, advances racial justice by sharing her Indian culture and exploring the most beloved parts of her identity.

Launched a podcast called Storyist Space Station, in which Changeist youth share their stories and discuss issues in their community.

#### VIRTUAL EVENT HIGHLIGHT: THE FIRST ANNUAL IST SUMMIT

This year, we launched IST: A Youth Summit, a virtual conference convening 346 young people from across California in an interactive, youth-led & youth-facilitated summit. Over the span of two days, youth engaged with changemakers from different communities, learned about themselves and their communities, and explored how to make the world a more just place for all. Highlights included: a fireside chat with entertainer and mental health advocate GaTa; a discussion of the Black, Red and Green New Deal with experts from the Gulf Coast Center for Law & Policy; a performance and Q&A session with Yumi Nu, musician, plus-size Asian model and activist; a participatory budgeting workshop with experts from the Participatory Budgeting Project; learning sessions with local organizations including Little Manila Rising, Self Help Graphics and Art, the Invest in Youth Coalition, the Korean Youth and Community Center, Edible Schoolyard Project, The Wall Las Memorias Project, and more. Participants also received a free participant kit that included summit swag, with IST branded goodies and a digital toolkit with an event playlist and Zoom background.



# IST: YOUTH SUMMIT

FRIDAY AND SATURDAY JUNE 4TH - 5TH 2021 HOPIN

ART WORKSHOPS | COMMUNITY BUILDING | ACTIVIST PANELS | LEADERSHIP DEVELOPMENT | OPEN MIC

GATA . COLETTE PICHON BATTLE . YUMI NU . PARTICIPATORY BUDGETING FT. SHARI DAVIS . POD Mapping . Youth Organizer Workshops . PERSONAL NARRATIVE . CHAI . FATHERS AND Families of San Joaquin: Radical Healing THROUGH GARDENING AND MEDICINE . LITTLE RISING . FAMILIA: TRANS QUEER MANIGGA LIBERATION MOVEMENT . KOREATOWN YOUTH & COMMUNITY CENTER . INVEST IN YOUTH CONLITION . MYA EDWARDS . YOUTH TART EXHIBIT WITH SELF HELP GRAPHICS . A CALENDAR OF HEALTH INJUSTICE THE WALL LAS MEMORIAS PROJECT • EMPOWERING Marginalized Asian Communities . Black MOTHERHOOD FT. JANAY GARRETT . CHANGEMAKER SCHOLARS WORKSHOP

# PROGRAM EVALUATION UPDATE

Our commitment to safety through virtual programming came with inherent challenges: we postponed all opportunities for hands-on community service activities (i.e., those our youth historically report to be most engaging), we had to be creative in relationship building across screens, and drastically shortened our program days in order to be mindful of "Zoom fatigue," thus lessening overall dosage in order not to overwhelm youth with virtual meetings.

As might be expected under these challenging circumstances, we did not find overall statistically significant increases in our core outcome, youth empowerment. However, youth program participants did report significant increases in their sense of gratitude<sup>1</sup>, curiosity around social issues<sup>2</sup>, sociopolitical problem-solving skills<sup>3</sup> and efficacy<sup>4</sup>. Youth also reported having access to significantly more social capital<sup>5</sup> and more strongly identifying as agents of social change<sup>6</sup>.

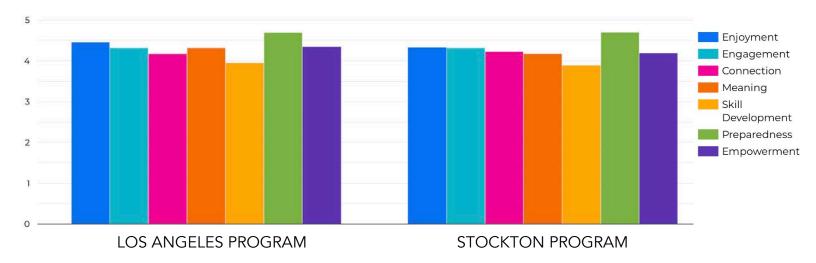
We will continue to hold space and be available for our young people, even when the circumstances under which we are working are not ideal; this commitment to moving forward with our work despite moments of disappointment is how we will collectively emerge from this crisis more resilient.

**88%** of youth participants agreed that "doing community service helped me feel better about the problems the world is facing"

**89%** of youth participants agreed that "learning about social justice helped me feel better about the problems the world is facing"

**94%** of youth participants agreed that "meeting people at Changeist helped me feel better about the problems the world is facing"

In order to ensure our ongoing program activities are being consistently implemented with high quality, we use mobile phone surveys to collect information about youth's real-time experiences during the program day. Data was collected from 735 responses to our mobile experience survey across the program year. We are proud to report that the average program quality rating reported by youth exceeds our organizational target of 3.5 or higher on a scale of 0-5.



1) W = 440.5, p = 0.09, d = 0.25 2) W = 756.5, p < 0.01, d = 0.53 3) W = 922.0, p < 0.01, d = 0.39 4) W = 628.5, p = 0.06, d = 0.27 5) W = 628.5, p = 0.01, d = 0.39 6) W = 690.0, p < 0.01, d = 0.53

### THIS YEAR, OUR CHANGEISTS LEARNED...

#### **ABOUT THEMSELVES**

- "...that 170+ people can make a change in the community."
- "...how strong I am!"
- "...that there are so many people who have a similar experience as me, which makes me feel so connected to them."
- "...adventures can be hard sometimes and might not seem positive, but in the end you tried something new and that is important."
- "...that there are many things I need to work on for myself but that I have a community here for me."
- "...that just getting your emotions out is good for you."

#### **CHANGEMAKING SKILLS**

- "...how to make a small website."
- "...more about mutual aid and mutual aid efforts in the Sikh community."
- "...about different types of resources to help my environment in my community."
- "...how to check local air quality."
- "...how to organize around problems, creating an action and solution to the problem."
- "...how the mayor works for us."
- "...we have the right to remain silent and need an attorney before we sign documents."

#### **ABOUT IMPORTANT SOCIAL ISSUES**

- "...different terms regarding gender and race, like womxn and the meaning of the 'x'."
- "...the different ways COVID has impacted people and how people engaged with the social issues going on, such as the BLM protests."
- "...mass industries and corporations should be the main target for environmental issues."
- "...what the Audubon Center at Debs Park does and how we can help them."
- "...that about 46% of adults are diagnosed with a mental illness."
- "...about redlining."
- "...about refugees."
- "...different health hazards around my neighborhood."



## THANK YOU TO OUR SPONSORS

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**FRED GRINSTEIN** 

THE NADEAU FAMILY

**HOWARD AND PATTI WANG** 

